

PHYSICAL EDUCATION (K-12)

Bachelor of Science in Education (BSED)

This is a guide based on the 2025-2026 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress

CURRICULUM CHECKLIST

"Critical Courses" are **italicized and bolded**. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

Education Courses- 41 hours required

A grade of 'C' or better is required in education courses, with the exception of ED280 which requires a grade of 'B' or better.

- ___ **ED280** Introduction to Education as a Profession (3)
- ___ EF400 Student Teaching Seminar (1)
- ___ EX390 Psychology and Education of Children with Exceptionalities (3)
- ___ **PY222** Psychological Development in Adolescence (3)
- ___ SE307 Reading/Writing in the Content Area (3)
- ___ SE321 Techniques of Teaching Physical Education (3)
- ___ SE350 Pedagogy 1: Principles of Effective Teaching (3)
- ___ SE355 Field Experience II (3)
- ___ SE365 Pedagogy 2: Secondary School – Interdisciplinary Methods & Technologies (4)
- ___ SE380 Advanced Field Experience (3)
- ___ SE385 Pedagogy 3: Middle and Secondary Education Methods of Secondary Teaching (3)
- ___ SE465 Student Teaching (12)

Physical Education – 56 hour major - No minor required

Required Courses:

- ___ AT130 Dance for Aerobic Fitness (1)
- ___ **BS113** Anatomy & Physiology I (4)
- ___ FN235 Nutrition for Health (3)
- ___ HL231 Fitness Conditioning (3)
- ___ PE201 Sport & Society (3)
- ___ PE216 Theory & Practice of Team Sports (3)
- ___ PE217 Theory and Practice of Individual/Dual Lifetime Activities (3)
- ___ PE220 First Aid (2)
- ___ PE235 Psychology of Coaching & Human Performance (3)
- ___ PE238 Foundations, History and Philosophy of Physical Education (3)
- ___ **PE239** Teaching Children Physical Education (3)
- ___ PE240 Rhythm, Plays & Games (3)
- ___ PE261 Concepts of Injury Management in Physical Education (3)
- ___ PE263 Injury Management in Physical Education Lab (1)
- ___ PE305 Motor Development & Learning (3)
- ___ PE310 Assessment for Physical Educators (3)
- ___ PE315 Methods in Middle School PE (3)
- ___ PE341 Physiology of Conditioning (3)
- ___ PE408 Physical Education for Individuals with Disabilities (3)
- ___ PE464 Kinesiology (3)

General Education Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

Note: Students have the option of adding another area of concentration or a minor to this degree.



Association for Advancing
Quality in Educator Preparation



SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
FIRST YEAR	UI100	1	FN235	3
	EN100	3	PE217	3
	PE201	3	PE238	3
	PE216	3	General Education	3
	General Education	3	General Education	3
	General Education	3	General Education	3
	Total	16	Total	18

SECOND YEAR	AT130	1	BS113/013	4
	HL231	3	ED280	3
	PE220	2	PE235	3
	PE239	3	PE315	3
	PE240	3	General Education	3
	PY222	3	General Education	3
	General Education	3		
	Total	18	Total	19

Milestone: Admission to the Teacher Preparation Program

	Literacy Block		Content Block	
	Course #	Hrs	Course #	Hrs
THIRD YEAR	EX390	3	PE310	3
	PE261	3	PE341	3
	PE263	1	PE408	3
	PE305	3	SE307	3
	SE350	3	SE355	3
	General Education	3	SE365	4
	Total	16	Total	19

Milestone: Maintain a 3.0 GPA in content courses and in professional education courses.

	Advanced Block		Student Teaching Block	
	Course #	Hrs	Course #	Hrs
FOURTH YEAR	PE464	3	EF400	1
	SE321	3	SE465	12
	SE380	3		
	SE385	3		
	Total	12	Total	13

Milestone: Passing score on MO state assessment, passing score on MEES, 3.0 GPA in content courses and in professional education courses.

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of the General Education program, and completion of 39 senior division hours (300-599). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

NOTE: This program meets the educational requirements for professional licensure and/or certification in Missouri. Please consult our State Authorization webpage, to determine information specific to your state: <https://app.semo.edu/genl/distancelearningcompliance/DisLearnComp.aspx>

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2025-2026 degree map



SOUTHEAST MISSOURI
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COLLEGE OF EDUCATION, HEALTH AND HUMAN STUDIES

PHYSICAL EDUCATION (K-12)

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ADMISSION TO THE TEACHER PREPARATION PROGRAM

To be eligible for enrollment in the majority of courses offered by the Teacher Preparation Program and required for a teaching degree (BSE, BSFCSE, BME), students must be admitted to the Teacher Preparation Program (TPP). Applications can be found at <https://semo.edu/colleges-departments/education-health/educator-preparation/admission.html>. Students should apply for admission to the TPP upon having met the following entrance criteria:

1. 42 hours of coursework completed.
2. Have a GPA of 2.75 or higher.
 - a. Individual that are below a 2.75, they can meet with the Associate Dean to appeal for provisional admission to the Teacher Preparation Program.
 - b. If the individual is granted admission, they will have to:
 - i. Work with the Associate Dean on a plan to improve their GPA to meet the requirements for graduation/certification.
 - ii. Will be provide a list of support services to help in the process of improving their GPA.

OR

Have a previous four-year degree from an accredited college/university or an associate degree from an accredited two-year college.

3. The following course requirements met:
 - a. A minimum grade of 'C' in CF/PY120 The Child (Elementary, Early, and Exceptional) or PY222 Psychological Development in Adolescence (Middle and Secondary)
 - b. A minimum grade of 'B' in ED280 Introduction to Education as a Profession or ME222 Principles of Teaching Music.
4. International students must also have a minimum IELTS score of 7.0, TOEFL score of 95, PTE score of 64, or Duolingo score of 125. This requirement is for non-United States citizens who are not native English speakers. Students from countries where English is known to be the official language of education are exempt from English proficiency verification.

RETENTION IN THE TEACHER PREPARATION PROGRAM

After admission, students must continue to meet the following requirements for retention in the TPP:

1. Demonstrate continued eligibility for interaction with schoolchildren by completing an MSHP/FBI background check through the use of the MSHP/FBI background check system. (A current background check is required for participation in all field and clinical experiences.);
2. Pass all professional education courses with a minimum grade of 'C.' A minimum grade of 'C' must be obtained in all prerequisite courses before a student can be enrolled in subsequent coursework. Students who, after two attempts, have still not earned a minimum grade of 'C' in a particular professional education course will be removed from the Teacher Preparation Program.
3. Demonstrate behavior appropriate for teaching professionals. Appeals related to removal from the TPP can be found at <https://semo.edu/colleges-departments/education-health/educator-preparation/admission.html>

GRADUATION REQUIREMENT - A final 3.0 GPA in both pedagogy and content coursework is required for graduation.

TEACHER CERTIFICATION

Upon completion of Southeast's Teacher Preparation Program an individual is eligible to be recommended for a Missouri Teaching Certificate if the student has the following:

1. A final 3.0 GPA in both pedagogy and content coursework;
2. A passing score on the appropriate licensure exam(s) as required by the Missouri Department of Elementary and Secondary Education;
3. A passing score on the Teacher Candidate Instrument of the Missouri Educator Evaluation System;
4. MSHP/FBI background clearance from no earlier than one year prior to the date of the application for certification.

ADDITIONAL NOTES: Regardless of printed program requirements, any changes or additional mandated by the State of Missouri will become effective on the date cited by the regulations. Students transferring into education programs should be aware of the need to be eligible for admission to the teacher preparation program immediately upon transfer. They should contact the Candidate Status and Certification Officer well in advance of the time of transfer. It is especially important that transfer students make arrangements for having ACT and/or MoGEA scores transferred to the University.

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2025-2026 *degree map*



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