

Aradhna Mohan

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EDUCATION

Bachelor of Arts (BA) Psychology, Sociology, Economics, Christ University, India (2012 – 2015)

Master of Science (MS) Psychological Counselling, Bangalore University, India (2017 – 2019)

Master of Arts (MA) Applied Psychology, Southern Illinois University, Carbondale (2020 – 2022)

PhD Candidate (ABD), Southern Illinois University, Carbondale (2022 – present)

Work Experience

Teaching & Research Experience

- **Renewable Non-Tenure Track Faculty member, Department of Psychology and Counseling, Southeast Missouri State University (August 2024 – Present)**

Responsibilities: (a) Teaching 5 undergraduate 100, 200, and 300 level classes in social psychology, developmental psychology, introductory and applied psychology, both **online** and **in-person**.

(b) Service: Committee member, college council.

(c) Faculty Advising (10 -12 students per semester)

- **Graduate teaching assistant, SIU Carbondale (Spring & Summer 2021)**

Responsibilities: Leading discussion sections, grading, and promoting student success through guidance and mentoring.

Psychology 102: **In-person** (Spring 2021), **Online** (Summer 2021)

- **Life Skills Educator, Chrysalis High, Bangalore, India (2019 – 2020)**

Responsibilities: Teaching essential skills necessary for daily living and personal well-being (e.g., emotional regulation, time management, problem solving) to elementary school children, grades 1 through 5.

- **Graduate Research Assistant, University Core (Fall 2021 - Present)**

Responsibilities: Training students and corresponding with faculty members for data collection, data analysis, and report generation.

Counseling Experience

- **Mental Health Therapist, KahaMind (2020)**
Responsibilities: Mental health counseling, facilitating and conducting online workshops.
- **School counselor, Chrysalis High, Bangalore, India (2019 – 2020)**
Responsibilities: Mental health counseling, student observation and mental health evaluation.

Consulting Experience

- **Consultant, Applied Research Consultants, Southern Illinois University, Carbondale (June 2021 - Present)**
Responsibilities: Leading and guiding team members, client servicing, survey methodology, data collection and analysis, and report writing.

Project Lead; Client: City of Carbondale
Responsibilities on the project: Assessing the diversity, equity, and inclusion climate, accessibility, and resources available to the members of the city and community; providing solutions for improvement.

Project Lead; Client: SIU's Vice Chancellor for Diversity, Equity, and Inclusion.
Responsibilities on the project: Assessing the campus climate and diversity at SIU-C.

Project Co-Lead; Client: SIU University Communications

Team Member; Clients: Jackson County State's Attorney, Illinois Department of Transport.
- **Brand Manager, Bluebot digital, Bangalore, India (2015 – 2016)**
Responsibilities: Client servicing, brand management, social media marketing, content writing, and creation.

SERVICE

- **English teacher, Jogjakarta, Indonesia — April - May 2015**
Responsibilities: English language instruction, lesson planning, grading, and mentoring young adults belonging to marginalized communities.
- **Mentor, Dream a Dream foundation, India — 2017 - 2018**
Responsibilities: Mentoring and counseling at-risk adolescents from marginalized communities.
- **Volunteer, Humane Society of Southern Illinois (April 2023 - Present)**
Responsibilities: Hike with shelter dogs every week to provide them physical and mental stimulation, social media engagement to promote adoption.
- **Volunteer, Brown Bag Committee (2021 – 2022)**
Responsibilities: Serving on the Applied Psychology program's brown bag

committee, organizing online brown bag sessions with external and internal speakers.

- **Volunteered** at Washington Street Garden, Carbondale (March 2021)
Responsibilities: Cleaning, and restoring native plants.

RESEARCH EXPERIENCE

- MA Thesis, **The Effect of Race and Leadership Style on Perceived Competence and Likability of Female Leaders — 2022**
- MS thesis, Qualitative study: **Women's Contribution to patriarchy — 2019**
- Quantitative study on **Attitudes toward Women: An intergenerational Comparison — 2018**
- Currently working on PhD Dissertation on the patterns of influence in destructive and constructive leadership styles.

CONFERENCE PRESENTATIONS

Mohan, A. (2018, December). Attitudes toward women: An intergenerational comparison. Paper presented at the 20th Anniversary International conference 'Frontiers of Consciousness', Sampurna Montfort college, India

Mohan, A. (2022, March). Women's Contribution To Patriarchy. Paper presented at the SIU Conference on Women 'Advocates and Allies', Southern Illinois University, Carbondale.

Mohan, A., Komarraju, M., Karau, S., Davis, R. (2023, April). Race, Leadership Style and Female Leader's Perceived Competence and Likability. Paper presented at the Midwestern Psychological Association (MPA) Conference, Chicago, Illinois.

AWARDS & FELLOWSHIPS

- **Valedictorian, Class of 2019**, Sampurna Montfort college, Bangalore University
- **Doctoral Research Fellowship**, Southern Illinois University Carbondale, 2023

LEADERSHIP EXPERIENCE

- **Senior Associate**, Applied Research Consultants, SIU-C (June 2023 - present)

- **Student council representative**, Sampurna Montfort college, Bangalore University (2018-19)
- **Editor**, newsletter and annual magazine, Sampurna Montfort college, Bangalore University (2017-19)
- **Head Girl**, Vivekalaya Matriculation Higher Secondary School, India (2010)