

# Dusha C. Cecil

314- 972-4742      *dushacecil@hotmail.com*

## EDUCATION

Saint Louis University      St. Louis, MO      **December 2013**

### **Masters in Social Work (Concentration in Mental Health)**

- Earned degree while working a full time position at United Way of Southeast Missouri
- Presented annual key addresses to Board members and president The Mission Continues, May 2013

Southeast Missouri State University      Cape Girardeau, MO      **December 2010**

### **Bachelor of Science in Social Work**

- Worked as student worker in the TRIO Program Office      **August 2007 - August 2008**
- Worked as student worker for Judicial Affairs Office      **August 2008 – May 2010**
- Worked fulltime in 2010 as a Certified Nurse’s Assistant      **May 2010- April 2011**
- Interned at Family Counseling Center - 480 hours      **August 2010- December 2010**
- Participant of the TRIO Program as student      **August 2007-December 2010**
- McNair Student and presenter      **August 2008- December 2010**

## RELEVANT WORK EXPERIENCE

Great Oak Counseling      Cape Girardeau, MO      December 2020- present

### ***Therapist***

- Complete a comprehensive assessment on clients
- Diagnosis and create appropriate treatment plans
- Communicate and discuss issues for treatment with appropriate resources
- Work with populations from age 3 years of age to end of life

Generational Mindful St. Louis, MO      2020-present

### **SEL/Curriculum Writer**

- Write blogs about parenting and mental health tips
- Assessment of product put out for diversity and assisted in curriculum development

MO Delta Medical Center ( Horizons)      Sikeston, MO      ,2020- March 2021

### ***Social Worker***

- Assessment
- Group therapy
- Treatment planning

One Accord Counseling      Jackson, MO      **2019-2021**

### **Therapist**

- Complete a comprehensive assessment on clients
- Diagnosis and create appropriate treatment plans
- Communicate and discuss issues for treatment with appropriate resources
- Work with populations from age 3 years of age to end of life

Southeast Health      Cape Girardeau, MO      **December 2013-July 2019**

### ***Social Worker/ Discharge Planner***

- Work with patients ranging from new born to end of life
- Assist patients with discharge planning and connect patients to community resources
- Consult with families and patients regarding hospice and choice in agencies
- Consult with medical staff and patients concerning home health and medical needs
- Consult with patients and families regarding nursing home placement

- Facilitate communication between patients, families and medical staff about patient needs and issues
- Work with patients concerning homeless and placement
- Perform emergent( on patients who are suicidal, psychotic, and who have abuse substances) psych assessments, and facilitate hospital transfers as needed
- Collaborate with Judges and psychiatrists regarding emergent psychiatric placement for patients
- Educate patients and families on of procedures and health care resources as needed

Cape Girardeau Public Schools

Cape Girardeau, MO

July 1,2016-June 2021

**Cape Girardeau High School Social Worker**

- Facilitate mental health and self-esteem groups.
- Mental health coordinator
- Create social and emotional care plans for student who battle mental issues
- Works with students on coping skills, self-esteem
- Collaborate with MO Children's Division regarding students in crisis situations
- Collaborate with administration, school nurse, counselors, and resource office on attendance policies and make decisions on individual attendance cases
- Collaborate with Community Counseling center regarding students who in casemangagment and school based therapy
- created and operates the clothing closet for students for students in need for dress code
- Facilitate two food programs at school ,one is the backpack program/ grab and go
- Organize programs and events that encourage parent involvement

United Way of Southeast Missouri

Cape Girardeau, MO

September 2011-2016

**Assignment Location: Cape Central High School Parent Liaison**

- Placed in a secondary education setting working with at risk youth by non-profit agency
- Facilitate communication between parents and school administration regarding students grades, attendance and related concerns
- Organize programs and events that encourage parent involvement
- Aid families in crisis (homeless, utility shut off and hose fires, etc.) by connecting them to appropriate resources
- Co-lead self-esteem girls group during the summer
- Outreach to Southeast Missouri Stated University's TRIO Program and College Access programs concerning student exposure to college and financial aid work shops
- Work with students concerning college admissions and college tutors
- created and operates the clothing closet for students for students in need for dress code
- Collaborate with administration, school staff , students and parents to aid students graduate through connecting students to resources
- Collaborate with administration, school nurse, counselors, and resource office on attendance policies and make decisions on individual attendance cases
- Collaborate with case managers and teachers on 504 and IEP plans for students
- Collaborate with MO Children's Division regarding students in crisis situations
- Present data outcomes to United Way Staff and board

Family Counseling Center

Cape Girardeau, MO

April 2011-February2012

**Treatment Tech**

- Created education groups that taught tools concerning coping life skills
- Provided Crisis Management for clients
- Provide clients with orientation and involvement requirements in the alcohol and drug program

**WORK EXPERIENCE**

Heartland Care and Rehabilitation

Cape Girardeau, MO

June 2010 – April 2012

**Certified Nurse's Assistant**

- Assisted patients with daily living activities
- Communicated concerning issues of patients to nursing staff and families
- Attend to medical needs of residents

Southeast Missouri State University                      Cape Girardeau, MO                      **August 2008- May 2010**  
**Student Worker: Office of Judicial Affairs**

- Assisted with office communications
- Sort and compile information for United Way
- Edit and compile new renters guide for students
- Organized documentation concerning students

Southeast Missouri State University                      Cape Girardeau, MO                      **August 2007-August 2008**  
**Student Worker: TRIO programs**

- Assisted with facilitate office communications
- Organized documentation for students in the TRIO Program
- Assisted with different office projects concerning

### **INTERNSHIP EXPERIENCE**

**St. Louis University – Master’s in Social Work Internship Experiences**  
 Southeast Hospital                      Cape Girardeau, MO                      **January 2013 – June 2013**  
**Intern**

- Completed 516 hours of internship
- Initiated discharge planning with patients for after care
- Performed crisis psych assessments in the Emergency department
- Collaborated with psychiatrist on hospitalization for patients who are suicidal and psychotic
- Communicated with Judges on involuntary commitments on patients who were danger to themselves or in-need emergent court-order hospitalization placement
- Orientated staff members to hospital’s new computer system regarding patient charting
- Worked with demographic from ages new born to elderly population

New Vision Counseling Center                      Cape Girardeau, MO                      **2012**  
**Intern**

- Completed 220 hours on internship
- Worked with demographic ranging age 6 to 56 years of age
- Observing mental health counseling sessions children and adolescents
- Wrote mental health assessment plans
- Created a resource guide for children mental counseling that included assessment tools and resources for treatment opportunities with children of all ages
- Worked with patients who were going through substance abuse treatment mandated by court in group therapy
- Consulted with Judge and several counselors on drug court team assessing behaviors of patients and if they were being successful
- Presented to therapy group on diversity

**Southeast Missouri State University – Undergraduate Social Work Internship Experience**  
 Family Counseling Center                      Cape Girardeau, MO                      **2010**  
**Substance Treatment Intern**

- Completed 480 hours of internship
- Worked with all female population ranging from 18 years of age to 60 years of age for drug rehab
- Co-led group talk therapy
- Created education groups that taught tools concerning coping life skills
- Worked with assessment team concerning clients progress in treatment
- Helped form internal policy regarding for effective treatment environment for clients

### **VOLUNTEER EXPERIENCE**

Boys and Girls Club                      Cape Girardeau, MO                      **June 2012- July 2012**

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Resume - Continued

- Supported staff with transporting and monitoring students on various educational trips
- Helped with the creation of groups educational and activities for students
- Assisted with student check-in and attendance
- Worked with students from ages 5 years to 16 years of age

Project Homeless Connect Cape Girardeau, MO

October 2013

- Setup information booths for clients who were homeless that provide for needs
- Attend volunteer committee meetings and assist with information for the initial setup

Christ Church of the Heartland Cape Girardeau, MO

June 2009- Present

- Served food to elderly in Assistant Living Homes
- Helped with the delivery for furniture (Love Inc.)
- Answered phones

Vision House Cape Girardeau

September 2009

- Led groups on spirituality

Bridge of Haiti Haiti

2019- Present

- Mentor social worker
- Help assist with mental health guidance

#### PRESENTATIONS

- Cecil, D. C., Oral Presentation to United Way Southeast MO **May 2013**
- Cecil, D. C., Oral Presentation to The Mission Continues **May 2013**
- Cecil, D. C. (2010, April). The Effects of Resegregation. Poster session presented at University of Wisconsin-Milwaukee McNair Research Conference and Graduation Fair, Delavan, WI.

#### PROFESSIONAL ORGANIZATIONS AFFILIATIONS

Cape Girardeau Chamber of Commerce **2013-2015**

**Member**

*Work Force Commitment:* working on work opportunities for people in the community

MO National Association of Social Workers **2012-2014**

**Member**

**Mentoring Moms Advisory Board 2018- 2021**

**TPRN (Teen Pregnancy Awareness and Prevention) 2018-June**

**2021**

**ABC Today 2016-2021**

**United Way of SEMO Partner Meeting present 2022-**

