

Education

2019 Ed.D. Educational Leadership and Policy Analysis, University of Missouri, Columbia, MO
2011 M.B.A. with concentration in Health Care Management, Harding University, Seracy, AR
1998 Dietetic Internship, Meredith College, Raleigh, NC
1997 B.S. Human and Environmental Studies-dietetics, Southeast Missouri State University, Cape Girardeau, MO

Professional Qualifications

Registered Dietitian through the Commission on Dietetic Registration
Licensed Dietitian through the State of Missouri

Faculty Experience

Instructor

Southeast Missouri State University, Cape Girardeau, MO, August 2012 to Present

Director of Didactic Program

Southeast Missouri State University, Cape Girardeau, MO, July 2017 to July 2020

Director Dietetic Internship

Southeast Missouri State University, Cape Girardeau, MO, August 2016 to August 2017

Assistant Director Dietetic Internship

Southeast Missouri State University, Cape Girardeau, MO, August 2012 to August 2016

Teaching Experience

Graduate Level Courses, Dietetic Program, Southeast Missouri State University, Cape Girardeau, MO

- Advanced Practice in Medical Nutrition Therapy
- Sports Nutrition
- Seminar in Advanced Professional Skills for the Registered Dietitian
- Community Nutrition and Programing

Undergraduate Level Courses, Dietetics Program, Southeast Missouri State University, Cape Girardeau, MO

- Nutrition for Health
- Essentials of Food Science
- Professional Dietetic Seminar
- Nutrition Assessment
- Sports Nutrition
- Principles and Practices of Foodservice for the Dietitian
- Medical Nutrition Therapy I
- Medical Nutrition Therapy II
- Senior Dietetics Seminar

- Nutrition Counseling
- Nutrition I
- Nutrition and Aging

Publications

F.Tayie, L. Lambert, R. Aryeetey, B. Xu, & G. Brewer, (2021). Anthropometric characteristics of children living in food-insecure households in the USA. *Public Health Nutrition*, 1-9. doi:10.1017/S1368980021002378

Presentations

L. Lambert, *Student Perception of the Impact of Financial Aid on Student Career Preparation Activities that Improve Career Readiness*. Poster Session Association for Non-Traditional Students in Higher Education Annual Conference.

A. R. Moore, L. Lambert, M. Grimm, P. Bandy, *Effectiveness of Sports Nutrition Education on Student-Athlete Nutrition Knowledge*. Poster Session Missouri Academy of Nutrition and Dietetics.

A. R. Moore, L. Lambert, M. Grimm, P. Bandy, *Effectiveness of Sports Nutrition Education on Student-Athlete Nutrition Knowledge*. Poster Session Food and Nutrition Virtual Conference and Expo, Academy of Nutrition and Dietetics.

A. R. Moore, L. Lambert, M. Grimm, P. Bandy, *Effectiveness of Sports Nutrition Education on Student-Athlete Nutrition Knowledge*. Poster Session SCAN Symposium.

Grant Activity

A. R. Moore, L. Lambert, M. Grimm, P. Bandy, *Effectiveness of Sports Nutrition Education on Student-Athlete Nutrition Knowledge*. Faculty-Mentored Student Research and Creative Gant, Southeast Missouri State University.

Relevant Professional Experience

Owner Made for You Lifestyles LLC, Jackson, MO September 2010 to present
Consultant Dietitian

- Consulting dietitian in nursing home, residential care facilities throughout Southeast Missouri.
- Responsible for completing nutritional assessments on residents and clients in compliance with state and federal standards
- Responsible for completing sanitation checks of contracted facilities, checking menus and providing in-services to staff
- Provide nutrition counseling to individuals and families

Sodexo Management Services at Southeast Missouri Hospital, Cape Girardeau, MO August 2005 to September 2010

Clinical Nutrition Manager

- Managing personnel, including scheduling, performance appraisals, and training
 - Responsible for establishing and monitoring Quality Assurance measures for department
 - Responsible for managing all aspects of the clinical nutrition services department at Southeast Missouri Hospital and ensuring that Joint Commission and CMS standards were met continuous basis
 - Responsible for the information management of the At Your Request room service system
 - Ensuring that clinical nutrition services are provided and performed to the established standards
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Professional Memberships

- Academy of Nutrition and Dietetics
- Nutrition and Dietetics Educators and Preceptors
- Missouri Academy of Nutrition and Dietetics