

ABBIE NELSON, PH.D., LCSW

Southeast Missouri State University
Department of Criminal Justice, Social Work, and Sociology
1 University Plaza
Cape Girardeau, Missouri 63701

Brandt Hall 203
573-651-2572
anelson@semo.edu

EDUCATION

MICHIGAN STATE UNIVERSITY

PhD in Social Work, Specialization Chicano and Latino Studies 2024
Dissertation: *The Role of Veganism on Healing and Empowerment for Women Intimate Partner Violence Survivors*

BAYLOR UNIVERSITY

Master's degree in Social Work 2009
Concentration in Children and Families; Specialization in working with Latinos

BELMONT UNIVERSITY

Bachelor's degree in Social Work 2008
Minor in Spanish

AUGSBURG COLLEGE

Cuernavaca, Mexico-Center for Global Education
Social Work in Latin American Context 2008

ACADEMIC EMPLOYMENT

SOUTHEAST MISSOURI STATE UNIVERSITY 2024-Present
Assistant Professor
Department of Criminal Justice, Social Work & Sociology

MICHIGAN STATE UNIVERSITY 2024-Present
Adjunct Instructor

RESEARCH EXPERIENCE

Research Assistant, Dr. Moylan, Michigan State University 2020- 2022
Part of a research team working on an evaluation of a campus sexual assault hotline and crisis chat, systematic review, and quantitative and qualitative work related to campus sexual assault policies

Research Assistant, Dr. Cho, Michigan State University 2019- 2020
Part of a research team preparing 5 manuscripts for publication on the topic of Intimate Partner Violence using large national data sets and quantitative methods

Research Assistant, Dr. Velez Ortiz, PhD, Pilar Horner, PhD, and Mikiko Sato
Michigan State University 2018- 2019

Importance of Possible Selves in Family Resiliency Among Puerto Rican Hurricane Survivors. Responsible for field notes during art-based intervention and focus groups, qualitative data analysis, and writing of paper.

Research Assistant, Dr. Velez Ortiz, Michigan State University 2018- 2019
Mental Health Perception Differences Among Puerto Rican Older Adults. Responsible for qualitative data coding and analysis using Dedoose, literature review, and collaborating on paper.

Research Assistant, Dr. Velez Ortiz, Claire Beutler Michigan State University 2018- 2019
Evaluation of a Prototype for Integrating Mental Health Across Gerontological Environments: A virtual reality approach (IMAGE-VR). Supervised undergraduate student in literature review and qualitative data analysis.

PUBLICATIONS

Journal Articles

- Cho, H., Kim, W., **Nelson, A.**, & Allen, J. (2023). Intimate partner violence polyvictimization and health outcomes. *Violence Against Women*. <https://doi.org/10.1177/10778012231192585>
- Nelson, A.**, Allen, J., Cho, H., Yun, S. H., Choi, Y. J., & Choi, G.-Y. (2022). Intimate partner violence and openness to online counseling among college students. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-022-00396-4>
- Kim, W., Cho, H., Hong, S., **Nelson, A.**, & Allen, J. (2022). Concurrent intimate partner violence: Survivor health and help-seeking. *Violence Against Women*, 10778012221132307.
- Sato, M., Horner, P. S., Vélez Ortiz, D., & **Nelson, A.** (2022). The role of spirituality in family adjustment and resilience among Puerto Rican families post-Hurricane Maria. *Journal of Religion & Spirituality in Social Work: Social Thought*, 41(1), 90–103. <https://doi.org/10.1080/15426432.2021.2000553>
- Seon, J., Cho, H., Han, J.-B., Allen, J., **Nelson, A.**, & Kwon, I. (2021). Help-seeking behaviors among college students who have experienced intimate partner violence and childhood adversity. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-021-00311-3>
- Seon, J., Cho, H., Choi, G.-Y., Son, E., Allen, J., **Nelson, A.**, & Kwon, I. (2021). Adverse childhood experiences, intimate partner violence victimization, and self-perceived health and depression among college students. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-021-00286-1>
- Nelson, A.**, Horner, P., Velez Ortiz, D., Sato, M. (2021). The importance of possible selves in family resiliency among Puerto Rican survivors of Hurricane Maria displaced to Orlando, Florida. *Families in Society: The Journal of Contemporary Social Services*, 104438942110144. <https://doi.org/10.1177/10443894211014471>
- Nelson, A.** Ayers, E., Sun, F., & Zhang, A. (2020). Culturally adapted psychotherapeutic interventions for Latino depression and anxiety: A meta-analysis. *Research on Social Work Practice*, 30(4), 368-381. doi:10.1177/1049731519899991

Journal Articles (In Preparation)

- Nason, J., Moylan, C., **Nelson, A.**, Munro-Kramer, M., Fedewa, T., Campbell, R. (in process). Pranks, obscene chatters, and ambiguous content: Exploring the identification and navigation of inappropriate messages to a web-based sexual assault hotline. *Journal of Child Sexual Abuse*
- Nelson, A.**, Moylan, C., Allen, J., Hammock, A. (in review). When and how many: Factors associated with campus sexual assault reforms. *Analyses of Social Issues and Public Policy*.
- Cho, H., Seon, J., Han, J., & Kwon, I., **Nelson, A.** (in progress). How are adverse childhood experiences associated with intimate partner violence and survivors' help-seeking among college students? *Journal of Family Violence*.
- Cho, H., & Allen, J. K., **Nelson, A.** (in progress). College service providers' experiences with the survivors of relationship violence.

Book Reviews

- Nelson, Abbie (2019) "Review of *Empowerment of Women for Promoting Global Health and Quality of Life*. Snehendu B. Kar," *The Journal of Sociology & Social Welfare*: Vol. 46 : Iss. 2 , Article 7.

PEER-REVIEWED PRESENTATIONS

- Nelson, A. R. (2022, April). *The Potential Body-Mind-Spirit Benefits of Holistic Interventions for Intimate Partner Violence Survivors*. Oral presentation at Students for Critical Animal Studies Conference, Virtual.
- Nelson, A. R. (2021, April). *Veganism as a Way to Build Body, Mind, and Spirit Resiliency*. Oral presentation at ResilienceCon, Virtual.
- Nelson, A. R. (2021, January). *Personal Characteristics of College Students and College Intimate Partner Violence Survivors and Openness to Online Counseling*. Poster presentation at Society for Social Work and Research Conference, Virtual.
- Nelson, A. R. (2020, November). *Applying a Vegan Systems Perspective to Social Justice Education of Social Workers*. Poster presentation at Council on Social Work Education Conference, Virtual.
- Nelson, A. R. (2020, May). *Veganism as a Lifestyle and the Interplay with Mental Health and Quality of Life*. Oral presentation at the Fifteenth International Congress of Qualitative Inquiry, Urbana, IL (Conference cancelled).
- Nelson, A. R. (2020, April). *Veganism as a Way to Build Body, Mind, and Spirit Resiliency*. Oral presentation at ResilienceCon, Nashville, TN (Conference cancelled).
- Allen, J. K., **Nelson, A.**, & Cho, H. (2020, March). *Challenges for Service Providers in Meeting Varying Needs of Survivors of Intimate Partner Violence*. Oral presentation at Prevention, Outreach & Education Annual Submit, Michigan State University, East Lansing, MI (Conference cancelled).
- Nelson, A. R. (2020, January). *Culturally adapted psychotherapeutic interventions for Latino depression*

and anxiety: A Meta-analysis. Oral presentation at Society for Social Work and Research Conference, Washington, DC.

Nelson, A. R. (2019, May). *Importance of Possible Selves in Family Resiliency Among Puerto Rican Hurricane Survivors*. Poster presentation at the Fifteenth International Congress of Qualitative Inquiry, Urbana, IL.

NON- PEER- REVIEWED PRESENTATIONS

Nelson, A. R. (2020, September). *Lunch and Learn: Needs and coping of survivors of IPV during COVID through the eyes of providers: A qualitative exploration*. Oral presentation at Michigan State University School of Social Work, Lansing, MI (online).

Nelson, A. R. (2020, March). *Yoga: A Tool for Body-Mind-Spirit-Transformation*. Oral presentation at Unity Spiritual Center of Lansing, Lansing, MI.

Nelson, A. R., Aguilar, B., & Killpack, J. (2015, Spring). *Culturally modified integrated treatment of complex trauma for adolescents*. Invited presentation, Integrated Treatment of Complex Trauma for Adolescents (ITCT-A) Annual Conference, CA.

AWARDS & RECOGNITION

Summer Research Fellowship PhD program, Michigan State University School of Social Work	Summer 2020
Recipient of Bilingual Social Worker Hogg Foundation Scholarship Funded MSW program at Baylor University	2008

TEACHING EXPERIENCE

Michigan State University, School of Social Work

<i>Guest Lecturer</i> Research Methods Social Work 1 (SW 430) Topic: Chi Square and related statistical tests Undergraduate-level, in-person	Fall 2018
<i>Instructor</i> Social Work Practice with Individuals Families and Groups (SW 440) Bachelor- level, in-person	Fall 2021
<i>Instructor</i> Holistic Body-Mind-Spirit Approaches to Social Work Practice (SW 491) Masters/Bachelor- level, hybrid	Summer 2022
<i>Instructor</i> Clinical Social Work Practice II (SW 851) Masters- level, hybrid	Spring 2023
<i>Instructor</i> Holistic Body-Mind-Spirit Approaches to Social Work Practice (SW 491) Masters/Bachelor- level, hybrid	Summer 2023

Instructor

Social Welfare Policy and Services (SW 850)
Masters- level, hybrid

Fall 2023

Michigan State University, Department of Psychology

Instructor

Sexual Assault: Context, Interventions & Preventions (PSY 317)
Bachelor- level, online

Summer 2019

Instructor

Child and Domestic Violence (PSY 316)
Bachelor- level, online

Summer 2020

Instructor

Child and Domestic Violence (PSY 316)
Bachelor- level, online

Summer 2021

Lansing Community College

Instructor

Family Addiction and Violence (HUSE 242)
Associate- level, in-person, online

Fall 2018, Spring 2019, Fall 2020, Spring/Fall
2021, Spring 2022

Instructor

Personal Dynamics and Interviewing (HUSE 105)
Associate- level, in-person, online

Spring 2020, Fall 2020, Spring 2021, Spring
2022. Fall 2023

PROFESSIONAL LICENSURE

Texas State Board of Social Worker Examiners
Licensed Clinical Social Worker; License #53105

2011-Present

State of Tennessee
Licensed Clinical Social Worker; License #6546

2017-Present

State of Michigan Department of Licensing and Regulatory Affairs Board of Social Work
Master's Social Worker; License #480705

2018-Present

SOCIAL WORK PRACTICE EXPERIENCE

Mercy Community Healthcare, Franklin, TN

Bilingual Therapist/Behavioral Health Consultant

February 2017- June 2018

Provided culturally appropriate individual and family counseling services to children, youth, and adults, conducted groups for the community on a wide variety of topics related to mental health and well-being, provided on-call services and consultations to medical providers over crisis walk in patients.

International Justice Mission, Guatemala City, Guatemala

Clinical Aftercare Fellow

July 2016-December 2016

Worked with local social workers, lawyers and psychologists to evaluate effectiveness of aftercare services, gave trainings in the community to educate other providers and the general population on effective ways to work with sexual abuse survivors and their families.

Southwest Key Programs, Brownsville, TX

Assistant Program Director

December 2015-June 2016

Assisted with collection, maintenance and submission of monthly, quarterly, and annual reports to the appropriate personnel at Southwest Key Programs' national headquarters and the Office of Refugee Resettlement (ORR), assisted with overall supervision and management of program personnel including recruitment, hiring, training, and terminating, provided case consultation and supervision to the clinical and training teams, assisted with facilitating the established training guidelines and curriculum for employee training, and monitored and maintained compliance with organization, licensing, and funding source for all program departments.

Southwest Key Programs, San Benito, TX

Lead Clinician Rio Grande Unaccompanied Minor Shelter.

July 2013- December 2015

Supervised a team of clinicians providing assessment, and counseling to unaccompanied minors.

Family Health Center, Waco, TX

Licensed Clinical Social Worker

July 2009 – June 2013

Used evidence-based models and cultural competence to provide assessment, diagnosis and counseling to individuals and families, ages 5 and up, from diverse socio-economic/cultural backgrounds, for a wide spectrum of presenting problems, taught state mandated seminar to parents who are divorcing children younger than 18, and supervised master's level students from a local MSW program.

Bill Logue Juvenile Justice Center, Waco, TX

Bilingual Parenting Class Leader.

2011-2013

Led, facilitated, and developed curriculum for Spanish speaking parents who had a youth in the detention center.

CERTIFICATIONS AND TRAINING

30-hour Domestic Violence training certificate, Family Abuse Center, Waco, TX 10/2008.

“The Effect of Violence and Trauma on Young Children,” Starnet Region V, Chicago, IL, 3/6/2009.

Trauma-Focused Cognitive Behavioral Therapy online training & certification, 1/2009.

Eye Movement Desensitization and Reprocessing Certification, 2009

University of North Texas Center for Play Therapy Summer Conference, 2012

Rapid Resolution Therapy Level 1- Spring 2013

Integrated Treatment for Complex Trauma for Adolescents- Fall 2014

Yale University training on SIPS (Structured Interview for Prodromal Syndromes) 2014

Yoga for Trauma Levels 1 and 2, 10/2017

Parent Child Interaction Therapy (PCIT)- Mentorship began Fall 2017

SERVICE

School of Social Work

MSU School of Social Work Equity, Diversity, and Inclusion Committee
Student Member

2018-2019

School of Social Work
MSU School of Social Work PhD Committee 2019-2021
Student Member

College of Social Sciences & University
Research Consortium on Gender-Based Violence 2018-Present
Student Member

Service to the Community
Unity Spiritual Center Spiritual Growth and Development Committee 2018-2020
Congregant Member

SKILLS

Computer Literate: PowerPoint, R, SPSS. Bilingual (English/Spanish).

PROFESSIONAL AFFILIATIONS

Council on Social Work Education
Society for Social Work and Research